

**MICHIGAN ATHLETIC CLUB
SWIMMING POOL SCHEDULE
09/02/08 - 12/21/08**

1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 7:00 AM	ADULT SWIM 5:00 - 9:10	ADULT SWIM 5:00 - 9:00 FINS 5:30 - 6:30	ADULT SWIM 5:00 - 9:10 AQUA CHALL 6:00 - 6:45	ADULT SWIM 5:00 - 9:00 FINS 5:30 - 6:30	ADULT SWIM 5:00 - 9:10	CLOSED	CLOSED
7:00 - 9:00 AM		ADULT SWIM 6:30 - 9:00	AQUA FIT* 9:10 - 10:00	ADULT SWIM 6:30 - 9:00		ADULT SWIM 7:00 - 8:30	
9:00 - 10:00 AM	AQUA FIT* 9:10 - 10:15	FAMILY SWIM POSSIBLE PRIVATE SWIM INSTRUCTION 9:00 - 12:00	AQUA FIT* 9:10 - 10:00	SWIM LESSONS** <i>(No Open Swim)</i> 9:00 - 12:00	AQUA FIT* 9:10 - 10:15	AQUA CHAL*** 8:30 - 9:30	ADULT SWIM 8:00 - 10:00
10:00 - 11:00 AM	FAMILY SWIM POSSIBLE PRIVATE SWIM INSTRUCTION 10:15 - 12:00		AQUA YOGA 10:00 - 10:30				
11:00 - 12:00 PM	ADULT SWIM 12:00 - 1:00	ADULT SWIM 12:00 - 1:00	ADULT SWIM 10:30 - 1:00	ADULT SWIM 12:00 - 1:00	ADULT SWIM 12:00 - 1:00	SWIM LESSONS*** <i>(No Open Swim)</i> 9:35 - 1:00	ADULT SWIM 8:00 - 10:00
12:00 - 1:00PM							
1:00 - 2:00 PM	FAMILY SWIM 1:00 - 2:00	FAMILY SWIM POSSIBLE PRIVATE SWIM INSTRUCTION 1:00 - 4:30	FAMILY SWIM 1:00 - 2:00	SWIM LESSONS*** <i>(No Open Swim)</i> 1:00 - 4:30	FAMILY SWIM 1:00 - 2:00	FAMILY SWIM AND/OR BIRTHDAY PARTIES POSSIBLE PRIVATE SWIM INSTRUCTION 1:00 - 8:00	FAMILY SWIM 10:00 - 7:00
2:00 - 3:00 PM	ADULT SWIM** 2:00 - 4:00		ADULT SWIM** 2:00 - 4:00				
3:00 - 4:00 PM	SWIM LESSONS*** <i>(No Open Swim)</i> 4:00 - 8:15	AQUA CHALL 4:30 - 5:15	SWIM LESSONS*** <i>(No Open Swim)</i> 4:00 - 7:00	AQUA CHALL 4:30 - 5:15	FAMILY SWIM POSSIBLE PRIVATE SWIM INSTRUCTION 2:00 - 9:00	FAMILY SWIM AND/OR BIRTHDAY PARTIES POSSIBLE PRIVATE SWIM INSTRUCTION 1:00 - 8:00	ADULT SWIM 7:00 - 8:00
4:00 - 5:00 PM		AQUA ARTHRITIS 5:30 - 6:15		AQUA ARTHRITIS 5:30 - 6:15			
5:00 - 6:00 PM	ADULT SWIM** 8:15 - 10:00	ADULT SWIM 6:15 - 7:15	FAMILY SWIM POSSIBLE PRIVATE SWIM INSTRUCTION 7:00 - 9:00	ADULT SWIM 6:15 - 7:15	ADULT SWIM 7:00 - 8:00	ADULT SWIM 7:00 - 8:00	ADULT SWIM 7:00 - 8:00
6:00 - 7:00 PM		EGRA WAVES SWIM PRACTICE 7:20 - 8:45		EGRA WAVES SWIM PRACTICE 7:20 - 8:45			
7:00 - 8:00 PM	ADULT SWIM** 8:15 - 10:00	ADULT SWIM 8:45 - 10:00	ADULT SWIM 9:00 - 10:00	ADULT SWIM 8:45 - 10:00	CLOSED 9:00	CLOSED 8:00	CLOSED 8:00
8:00 - 9:00 PM							
9:00 - 10:00 PM							

* = NO LANES are available for LAP SWIM at this time. Thank you for your cooperation.

** = ONE LANE may be used exclusively for Swim Lessons.

*** = THREE LANES may be used exclusively for Swim Lessons with ONE LANE open for CIRCLE SWIMMING.

NOTE: EGRA FALL WAVES begin practice on Tuesday 09/09 - Thursday 12/18. Thank you.

AN UPDATED POOL SCHEDULE WILL BE RELEASED DURING THE WEEK OF 11/24/08 - 11/30/08 (Thanksgiving Week)